This Community Resource guide is a collaborative effort of all private and public education and social service agencies in Union and Baker Counties.

This guide is managed by Eastern Oregon Head Start. Please call 541-962-3622 or write to rkleng@eou.edu to make revisions, additions, or to be added to the email list to receive up to the date agency information and events.
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Child Abuse Services

National Hotline: 1-800-25-ABUSE

Note: Head Start employees are Mandated Reporters and must, by law, report any instance of suspected child abuse or neglect to an office of Child Welfare or a local law enforcement official. Private Citizens may also make a report or seek guidance from one of the agencies listed below if they have reason to believe that a child is in danger of abuse or neglect. Families may self-report to help themselves and their family.

DHS – Child Welfare

Baker County 866-538-5804
3165 10th St., Baker City OR 97814

Union County 866-538-5804
1607 Gekeler Lane, La Grande, OR 97850 963-2906 FAX

Police ---------------

Baker City Police Department 523-3644
1655 First St., Baker City, OR 97814

Baker County Sheriff 523-6415
3410 K St., Baker City, OR 97814

Elgin City Police 437-9771
100 North 8th St., Elgin, OR 97827

La Grande City Police 963-1017
1109 K Ave., La Grande, OR 97850

Union County Parole Office 963-1005

Union City Police Department 562-5198 Probation Office 963-1005
City Hall, 342 S Main St., Union, OR 97883

Union County Sheriff 963-1017
1109 K Ave., La Grande, OR 97850

Mount Emily Safe Center 963-0602 http://www.mtemily.org/
2107 3rd St., La Grande, OR 97850

National Child Abuse Hotline 1-800-422-4453 http://www.childhelp.org/pages/hotline-home
Child Care and Respite Care

Child Care:

Child Care Resource and Referral  1-800-956-0324
Training & Employment Consortium
Child Care referrals, training and support. Respite funds may be available for short-term care of children with special needs (birth to 18) with agency referral.

Baker County  523-7838
1575 Dewey St. Baker City, OR  97814
Union County  963-7942 Jean Johnson, Director: Ext. #7
1901 Adams Ave., La Grande, OR 97850

Department of Human Services - Child Welfare
Baker County  523-6423
Union County  963-8571
Emergency child care for clients. Talk to case worker.

Kid’s Club Day Care Center  663-1492
State licensed, before & after school child care program for ages 5-12; summer program

Respite Care:

Lifespan Respite Care
Baker County: Laurie McClure  523-6591
Union County: Betty Landes  963-3186

Grande Ronde Hospital Home Health Care Services  541-963-1453  http://www.grh.org

Neighbor to Neighbor Ministries  963-9126
Respite care for elderly and disabled when volunteers are available.
To apply for Oregon Health Plan 1-800-699-9075


Read the following to help families navigate Oregon’s new health care system:

For coverage that starts in January, 2014, the Oregon Health Plan (OHP) is opening to more Oregon adults. You may qualify for OHP even if you’ve been denied in the past.

Fast-Track Enrollment - an easy way to enroll

You may be able to enroll in OHP now, for coverage that starts January 1, 2014. You do not need to apply. This fall, about 260,000 Oregonians received letters letting them know that they are eligible for "fast-track enrollment" in the Oregon Health Plan. That's because they have already been approved for other benefits.

If you got a letter in the mail, please fill out the two-sided form, sign it and send it back as soon as possible. Fast-track enrollment is available to adult Oregonians who meet income and residency requirements for the Oregon Health Plan and have already qualified for the following:

1. 1) Food benefits through the Supplemental Nutrition Assistance Program (SNAP),  
2) Or health care benefits for children through Healthy Kids/OHP.

Another way to enroll - Cover Oregon

If you do not qualify for fast-track enrollment, you can apply for the Oregon Health Plan or other coverage through Cover Oregon. Cover Oregon is the new online marketplace where Oregonians can comparison shop for health insurance and see if they qualify for financial assistance to help pay for private insurance.

- Apply through a Cover Oregon community partner or insurance agent at CoverOregon.com or call 1-855-CoverOR for a list of people who can help in your area. Getting application help from a community partner or agent is free.

FOR UNION AND BAKER COUNTIES THIS IS NORTHEAST OREGON NETWORK, IN PARTNERSHIP WITH EASTERN OREGON HEAD START AND COMMUNITY CONNECTIONS:

http://www.neonoregon.org/ Phone: 541-624-5101

- Request a paper application at your local DHS Branch Office or by calling 1-855-CoverOR. Paper applications are available in multiple languages.

More information about Cover Oregon

Cover Oregon is a new online marketplace where Oregonians can apply for health insurance.

- No one will be turned away because of health conditions
- Anyone can apply for coverage, regardless of income

Cover Oregon is a one-stop shop for all types of coverage. You fill out one application to see what you qualify for:

- The Oregon Health Plan / Healthy Kids
- Private health insurance
Financial assistance to help pay for private health insurance

Go to [CoverOregon.com](https://CoverOregon.com) to apply. You can also apply using a paper application. Paper applications are available in multiple languages.

**Help applying**

Cover Oregon community partners and agents can help people with the application. You can search the list of certified partners and agents at [www.CoverOregon.com/agent/find](https://www.CoverOregon.com/agent/find) to find help in your area.

Help is also available by calling 1-855-CoverOR (1-855-268-3767). You can also learn more by downloading the [Application Assistance Booklet](#).

**Questions?**

Call OHP Customer Service at 1-800-699-9075 for questions about fast-track enrollment and applying for the Oregon Health Plan.

**Frequently Asked Questions**

**Am I eligible?**

Qualification for OHP is based on residency, income, and/or those who are elderly, sight impaired, disabled, pregnant or receiving Temporary Assistance for Needy Families (TANF) benefits. Individuals who want to apply for OHP should always submit a completed application to see if they qualify. Starting January 1, 2014, OHP is opening to more low-income adults. You may qualify for OHP starting in January, even if you've been denied in the past.

**Does OHP cover preventive services?**

Yes. All OHP Plus, CAWEM Plus and OHP with Limited Drug benefit packages cover preventive services, including immunizations, check-ups and screening tests such as mammograms and PAP tests.

**When will I find out if I qualify for the Oregon Health Plan?**

If you received a "fast-track" enrollment form, you are prequalified for the Oregon Health Plan. After it is received at OHA, you will receive a confirmation in the mail. There is a high volume of mail right now, so it may take a little while to confirm your enrollment. Please be assured, though, that you will have everything you need to begin receiving services in plenty of time before January 1, 2014.

If you apply through Cover Oregon or another means, you will find out if you qualify for OHP health coverage within 45 days of turning in your completed application.

If we need to find out if you qualify for OHP health coverage based on a disability, it may take longer than 45 days.

If you do not hear back after 45 days, contact the office where you applied and ask for your application’s status. If you applied online or by mailing in your application, call Customer Service at 1-800-699-9075.

**Is there other help?**

- [211 Info](#) has more health care resources, including Medicare, help with prescription drug coverage, and other [statewide resources for Oregonians](#).
- Resources for [Healthy Living](#) and [Staying Healthy](#) (Public Health services)
- [Resources in your local Oregon county](#)

**North East Oregon Network (NEON)**

Local Insurance 541-624-5101 (Baker and Union County)

541-963-2000 (Union County)

**County Health Departments:**

Babies First, CaCoon, Communicable Diseases, Family Planning, [Healthy Start (Baker County)](#), Immunizations, Oregon Mother’s Care, Sexually Transmitted Infection Program, Tabaco Prevention
Education Program, WIC, Vital Records.

<table>
<thead>
<tr>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td><strong>Baker County Health Department</strong></td>
<td>523-8211</td>
</tr>
<tr>
<td>3330 Pocahontas Road, Baker City, OR</td>
<td>97814 Union</td>
</tr>
<tr>
<td><strong>Union County Public Health - CHD</strong></td>
<td>962-8800</td>
</tr>
<tr>
<td>2301 Cove Ave., La Grande, OR</td>
<td>97850</td>
</tr>
<tr>
<td><strong>Healthy Start Union County</strong></td>
<td>805-2526</td>
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<tr>
<td><strong>WIC (Women, Infants and Children)</strong></td>
<td>800-723-3638</td>
</tr>
<tr>
<td>Baker County</td>
<td>523-8212</td>
</tr>
<tr>
<td>Union County</td>
<td>962-8829</td>
</tr>
<tr>
<td><strong>Oregon Immunization Alert</strong></td>
<td>1-800-980-9431</td>
</tr>
<tr>
<td>To get Oregon Immunization records</td>
<td><a href="https://www.alertiis.org">https://www.alertiis.org</a></td>
</tr>
<tr>
<td><strong>Next Step Pregnancy Information Center</strong></td>
<td>963-6918</td>
</tr>
<tr>
<td><strong>Crisis Hotline:</strong></td>
<td>1-800-395-4357</td>
</tr>
<tr>
<td>1002 Spring Avenue, La Grande, OR</td>
<td>97850</td>
</tr>
<tr>
<td>Free, confidential pregnancy testing, referrals, shelter, counseling, and information on pregnancy &amp; abortion</td>
<td></td>
</tr>
<tr>
<td><strong>Rachel Pregnancy Center</strong></td>
<td>523-5357</td>
</tr>
<tr>
<td>2194 Court Ave. Baker City OR</td>
<td>97814</td>
</tr>
<tr>
<td>Pregnancy testing, counseling, classes</td>
<td></td>
</tr>
<tr>
<td><strong>Online Pregnancy Resource:</strong></td>
<td><a href="http://www.optionline.org/">http://www.optionline.org/</a></td>
</tr>
<tr>
<td><strong>Stop Smoking</strong></td>
<td>1-800-Quit-Now</td>
</tr>
<tr>
<td><strong>The CHD tobacco specialist is Deanne Mansveld</strong></td>
<td>962-8822</td>
</tr>
<tr>
<td><strong>CDC National Prevention Network</strong></td>
<td>1-800-458-5231</td>
</tr>
<tr>
<td>HIV/AIDS, STD &amp; TB information, STD treatment information packets, counseling, reference and referral information available. 24 hour fax system. Phone hours 6 AM to 3 PM Mon – Fri.</td>
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<tr>
<td><strong>CDRC, Portland, OR</strong></td>
<td>503-494-8095 or 1-800-452-3563</td>
</tr>
<tr>
<td><strong>OSHU Child Development &amp; Rehabilitation Center</strong></td>
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<tr>
<td>Diagnostic and evaluation center and outpatient clinic for children with developmentally or physically handicapping conditions.</td>
<td></td>
</tr>
<tr>
<td><strong>Doernbecher Children’s Hospital</strong></td>
<td>503-494-8811</td>
</tr>
<tr>
<td>3181 S.W. Sam Jackson Park Road, Portland, OR</td>
<td>97201</td>
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<tr>
<td>General hospital services for children.</td>
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<tr>
<td>Shriners</td>
<td>503-241-5090</td>
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<tr>
<td>-----------------------</td>
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</tr>
<tr>
<td>A 3101 S.W. Sam Jackson Park Road, Portland, OR 3101 S.W. 97239-3009</td>
<td></td>
</tr>
<tr>
<td>A children’s hospital specializing in bones and joints</td>
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</tr>
</tbody>
</table>
**Brief Descriptions of Public/County Health Programs:**

**Babies First!** Is a nurse home visiting program for families with babies and young children up to age 5. The Babies First! Program is to help families make sure that their babies are healthy as they grow and learn.

**CaCoon Program**

The CaCoon program serves families with children from birth to age 20 who have (or are at risk of having) a chronic health condition or disability. CaCoon care coordination services are offered by public health nurses who are specially trained to care for children and youth with special health needs. Since family members have a central role in the care of their child, all services are planned around the desires and concerns of the family.

**Family Planning**

The Family Planning program provides low cost reproductive health services, birth control, outreach and education in order to promote sexual health and well being, and to reduce unintended pregnancies. The qualification to receive family planning services is the ability to reproduce.

**Healthy Start- Ran Out Of Baker County Health Department, Self Funded in Union County**

Healthy Start’s Mission: “To promote and support positive parenting and healthy growth and development for Oregon parents and their first-born children”

Having your first child brings big changes in your life. Healthy Start is available to all first-time parents who are pregnant with or have given birth to their first child within the last three months. The Healthy Start program is voluntary, and it is free! There are no income requirements.

**Oregon Mother’s Care**

No woman should go through pregnancy without the support and care she needs. Oregon Mothers Care connects pregnancy services in our community for easy access.

**Sexually Transmitted Infection Program**

Health Departments provide confidential, low cost, STI infection screening. All information disclosed by clients is confidential.

STI tests done at a HD:

- Chlamydia/Gonorrhea
- Syphilis
- Hepatitis B and C
- HIV

Community Education:
Nurses are available to discuss the following topics with schools, youth programs, drug and alcohol programs, and others by request.

- Sexually Transmitted Diseases
- HIV Prevention
Birth Control Methods

**Tabacco Prevention and Education Program**
Oregon's Tobacco Prevention and Education Program funds local tobacco control programs to engage Oregonians in their homes, workplaces, schools, and other public places. These programs are found at county health departments, tribes, schools, and community-based organizations throughout Oregon. They counter tobacco marketing where it matters the most — in the places where people work, play, learn and live.

**Women Infants and Children**
What is WIC?
It's a nutrition program.

What are the requirements to join WIC?
- WIC is available to pregnant women, breast feeding mothers, post partum women up to 6 months, and children under the age of 5 years old.
- If you have an adjunct income such as OHP, food stamps, and TANF then you automatically qualify!
- You will need to bring in the following proofs as well: Income, Identity, and Residency

**Vital Records**
Birth and Death Certificates
Certified Copies of birth and death certificates are available through the Baker County Registrar up to six months after the event.

To Order Locally:
- Complete an order form at the Baker County Health Department
  Between 8:00 AM and 5:00 PM, Monday – Friday
- Please bring current driver’s license or other official picture identification

To Order After 6 Months:
- An order form may be picked up at the Baker County Health Department for births or deaths occurring more than 6 months ago.
- You may also contact the Oregon State Vital Records at:
  (971) 673-1190
- You may order a vital record by mail or by going to [www.vitalchek.com](http://www.vitalchek.com).
- A non-refundable fee for the record search and a certified copy is $20.
- Additional copies of the same record are $15 each if ordered with the original request.
## Local Health Clinics: For a complete list of providers see page

### Baker County:

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baker Clinic</td>
<td>523-4415</td>
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<tr>
<td>3175 Pocahontas Rd., Baker City, OR 97814</td>
<td></td>
</tr>
<tr>
<td>Eagle Cap Clinic</td>
<td>523-4497</td>
</tr>
<tr>
<td>3705 Midway Dr., Baker City, OR 97814</td>
<td></td>
</tr>
<tr>
<td>Eastern Oregon Medical Associates</td>
<td>523-1001</td>
</tr>
<tr>
<td>3950 17th Street, Baker City, OR 97814</td>
<td></td>
</tr>
<tr>
<td>St. Alphonsus Health Services</td>
<td>523-6461</td>
</tr>
<tr>
<td>3325 Pocahontas Rd., Baker City, OR 97814</td>
<td></td>
</tr>
<tr>
<td>St. Lukes EOMA</td>
<td>523-1001</td>
</tr>
<tr>
<td>3950 17th Suite A, Baker City, OR 97814</td>
<td></td>
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</table>

### Union County:

<table>
<thead>
<tr>
<th>Clinic</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Elgin Family Health Care Clinic</td>
<td>437-6321</td>
</tr>
<tr>
<td>1400 Division, Elgin, Oregon 97827</td>
<td></td>
</tr>
<tr>
<td>Grande Ronde Children’s Clinic</td>
<td>963-9123</td>
</tr>
<tr>
<td>612 Sunset Dr. La Grande, OR 97850</td>
<td></td>
</tr>
<tr>
<td>Grande Ronde Hospital</td>
<td>963-8421</td>
</tr>
<tr>
<td>900 Sunset Drive, La Grande, Oregon 97850</td>
<td>Emergency: 963-1442</td>
</tr>
<tr>
<td>Grande Ronde Hospital Regional Clinic</td>
<td>663-3138</td>
</tr>
<tr>
<td>506 4th St., La Grande OR 97850</td>
<td></td>
</tr>
<tr>
<td>La Grande Family Practice</td>
<td>963-4139</td>
</tr>
<tr>
<td>710 Sunset Drive</td>
<td></td>
</tr>
<tr>
<td>Obsidian Urgent Care:</td>
<td>962-7407</td>
</tr>
<tr>
<td>401 Adams Avenue La Grande, OR 97850</td>
<td></td>
</tr>
<tr>
<td>Union Family Health Center</td>
<td>562-6062</td>
</tr>
<tr>
<td>142 E. Dearborn, Union, Oregon 97883</td>
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</tr>
</tbody>
</table>

**Notes:**
Local Dental Providers Accepting OHP- See full list on next page

**Baker County**

DMD Sean Benson 523-2144
1831 1rst Street, Baker City, OR 97814

DMD Dan Hayden 523-6311
3980 Midway, Baker City, OR 97814

**Union County**

DMD Russell Kilpatrick and DMD Brian Kruse 963-6445
1502 N Pine St. #2

PC Brian Spencer 963-2520
1501 6th St., La Grande, OR 97850

Oregon Dental School (ODS) 663-2721 See flyer on next page
Adult Cleaning $27
Child Cleaning $17
Fluoride Treatment $3
Radiographs $3 to $17

Local Vision Providers-See full list on next page

Apple Eye Care (Accepts OHP) 962-7753
10709 Walton Rd., La Grande, OR 97850

Casey Eye Institute 503-494-4029
OHSU Pediatric Ophthalmology. Accepts OHP with Referral.

Lions Sight & Hearing Foundation 1-800-635-4667
For help with exams, eyeglasses or hearing aids please call (971) 270-0203

Oregon Optometric Association 503-654-5036 1-800-922-2045
6901 S.E. Lake Road #26, Milwaukee, OR 97267
Referrals for vision care
<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Address</th>
<th>City, State</th>
<th>Phone</th>
<th>Office Mgr</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mountain Valley Dental Grp</td>
<td>3980 Midway</td>
<td>Baker City, OR</td>
<td>523-6, 523-63</td>
<td>Corey Hayden, Dan (OHP)</td>
<td><a href="mailto:coreyi@HFDG.com">coreyi@HFDG.com</a></td>
</tr>
<tr>
<td>Hill's Family Dentistry</td>
<td>2889 D Street (Only Emergency OHP)</td>
<td>Baker City, OR</td>
<td>523-3, 523-21</td>
<td>Hills, Megan DDS, Hills, Stuart DDS</td>
<td><a href="mailto:coreyi@HFDG.com">coreyi@HFDG.com</a></td>
</tr>
<tr>
<td>Baker Dental Group</td>
<td>2800 Main Street (Does not take OHP)</td>
<td>Baker City, OR</td>
<td>523-6, 523-95</td>
<td>Chandler, Tod DMD, Mylander, Howard DMD</td>
<td>April Mgr: Ann</td>
</tr>
<tr>
<td>Benson, Sean DDS (OHP)</td>
<td>1831 1st Street</td>
<td>Baker City, OR</td>
<td>523-2, 523-37</td>
<td>1831 1st Street</td>
<td>144, 51 Mgr: Ann</td>
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<tr>
<td>Heizer, William DMD</td>
<td>1817 Second Street</td>
<td>Baker City, OR</td>
<td>523-6</td>
<td>932 Mgr: Ann</td>
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<tr>
<td>Harris, Mark DDS</td>
<td>1809 3rd Street</td>
<td>La Grande, OR</td>
<td>963-0, 963-2</td>
<td>1809 3rd Street</td>
<td>963-2, 962-09</td>
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<tr>
<td>Mclan, Stephen, DMD (OHP)</td>
<td>1502 N Pine Street #2</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>445, 12 Mgr: Sue</td>
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</tr>
<tr>
<td>Kilpatrick, Russell DMD</td>
<td>1502 N Pine Street</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>445, 12 Mgr: Sue</td>
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<tr>
<td>Koza, Stephen DMD</td>
<td>2502 Cove Avenue</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>962 Mgr: Sue</td>
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<tr>
<td>Kruse, Brian DMD (OHP)</td>
<td>1502 N Pine Street #2</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>445, 12 Mgr: Sue</td>
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<tr>
<td>Mcmahan, James DMD</td>
<td>504 4th Street</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>445, 12 Mgr: Sue</td>
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<tr>
<td>Nearing, Patrick DMD, PC</td>
<td>1614 5th Street</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>585 Mgr: Sue</td>
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<td>Mayes, Ely, DDS</td>
<td>1614 5th Street</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>585 Mgr: Sue</td>
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<tr>
<td>Rampton, Wes DMD</td>
<td>902 4th Street</td>
<td>La Grande, OR</td>
<td>963-2</td>
<td>111, Canals</td>
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<tr>
<td>Sea Brite Dental:</td>
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<tr>
<td>Cynthia Morris, DMD</td>
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<td>Advanced Pediatric Dental</td>
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<td>Navid Newport DDS, FAAPD</td>
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<td>J. Kyle House DDS, FAAPD</td>
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<td>Steven J. Wohlford DDS, FAAPD</td>
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<tr>
<td>Medical Providers</td>
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<td>St. Lukes Eastern</td>
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<td>Oregon Med. Assoc.</td>
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<tr>
<td>Name</td>
<td>Contact Information</td>
<td>Notes</td>
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<tr>
<td>Andruss, Karen FNP</td>
<td>3950 17th Street EOMA providers cannot do screenings in the center because since being purchased by the hospital, the individual providers would have to purchase their own liability insurance to do off-site work.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ellis, Linda FNP</td>
<td></td>
<td><a href="mailto:officemanager@eoma.net">officemanager@eoma.net</a></td>
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<tr>
<td>Irvine, William MD</td>
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<td>Kelley, Kal MD</td>
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<td>Lamb, Eric MD</td>
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<tr>
<td>Mitzel, Jerrod MD</td>
<td>(Nurse: Shelly)</td>
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<tr>
<td>Schott, Jon MD</td>
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<td>Smithson, Daniel MD</td>
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<td>Robbins, Kathryn RN, CDE</td>
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<td>Vencill, Deb FNP</td>
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<td><strong>St. Alphonsus Baker Clinic:</strong></td>
<td>3175 Pocahontas Road Baker Clinic providers cannot do screenings in the center because since being purchased by the hospital, the individual providers would have to purchase their own liability insurance to do off-site work.</td>
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<tr>
<td>McKim, Robert MD</td>
<td></td>
<td><a href="mailto:pointerk@trinity-health.org">pointerk@trinity-health.org</a></td>
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<td>Petterson, Jon MD</td>
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<td>Zunino, Bud FNP</td>
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<td>Belinda Heersink, FNP</td>
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<td><strong>Eagle Cap Clinic:</strong></td>
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<td>Alanko, Randy MD</td>
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<td>1400 Division Elgin, OR 97827</td>
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<tr>
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<tr>
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<tr>
<td>Schaefer, John MD</td>
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Off Mgr: Cindy Denne

Manager: Rhonda

Manager: Carol Grubbe

Manager: Penny Schaefer
<table>
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<th>Practice</th>
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<td>Obsidian Urgent Care:</td>
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<td>97850</td>
<td>962-7407 962-7479</td>
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<td>Partners in Health</td>
<td>401 Adams Avenue, La Grande, OR</td>
<td>97850</td>
<td>962-7407 962-7479</td>
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<td>Pfitzer-Minogue, Kathy</td>
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<tr>
<td>GRH Children's Clinic:</td>
<td>612 Sunset Drive, La Grande, OR</td>
<td>97850</td>
<td>663-3150 975-5111</td>
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<td>Grayson, Kevin MD</td>
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<td>Hetrick, Mike MD</td>
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<td>Lim, Melindres MD</td>
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<td>Rollins, Sarah MD</td>
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<td>GRH Regional Clinic:</td>
<td>506 4th Street, La Grande, OR</td>
<td>97850</td>
<td>663-3138 975-5120</td>
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<td>Dretke, Lien CFNP</td>
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<tr>
<td>Union Family Health Center</td>
<td>142 Dearborn, Union, OR 97883</td>
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<td>562-562 5757-5757</td>
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<td>Montee, Kim MD</td>
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<td>Optometrists/Ophtalmologists</td>
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<td>Baker Vision Clinic</td>
<td>2150 Third Street, Baker City, OR</td>
<td>97814</td>
<td>249-4578</td>
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<tr>
<td>Blankenship, Sheryl Elms, Leslie Mitchell, Logan</td>
<td><a href="http://www.bakervisionclinic.com">www.bakervisionclinic.com</a></td>
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<tr>
<td>Eagle Optical</td>
<td>3705 Midway Drive, Baker City, OR</td>
<td>97814</td>
<td>523-2020 663-4100</td>
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<tr>
<td>Apple Eye Care</td>
<td>10709 S. Walton Rd, Island City, OR</td>
<td>97850</td>
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<tr>
<td>Beckner, Daniel</td>
<td><a href="http://www.appleeyecarepc.com">www.appleeyecarepc.com</a></td>
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<tr>
<td>La Grande Family Eyecare</td>
<td>1502 Pine St, Ste B, La Grande, OR</td>
<td>97850</td>
<td>963-3788</td>
</tr>
<tr>
<td>Kimball, Samuel</td>
<td></td>
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<tr>
<td>Ophthalmologist</td>
<td>1404 Gekeler Lane, La Grande, OR</td>
<td>97850</td>
<td>963-3119</td>
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<tr>
<td>Pettit, William MD</td>
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</tbody>
</table>
### Disability Services

**Center for Human Development**  
2301 Cove Ave., La Grande, OR 97850  
Services for individuals with developmental disabilities: Crisis services, eligibility determination and referral point for foster care, individualized case planning and management. Is also the referral point to New Day Enterprise for vocational and residential programs and Eastern Oregon Supported Services Brokerage.

**DHR Senior and Persons with Disabilities Services**
In home care, housekeeping, shopping, transportation, meals on wheels, lifeline, food stamps, adult foster care homes, nursing home placement.

Baker Office 523-5846
3165 10th St., Baker City, OR 97814 (DHS Building)

La Grande Office 963-7276
1607 Gekeler Lane, La Grande, OR 97850 (DHS Building)

Neighbor to Neighbor Ministries 963-9126
P.O. Box 1135, La Grande, OR 97850
Volunteer services to those in need: yard care, snow blowing, transportation, firewood, and respite care for the elderly and disabled (when volunteers available).

Step-Forward Activities, Inc. 523-7475
2695 Church St., Baker City, OR 97814
Vocational and residential services for developmentally and physically disabled adults.
Assessment, development of career goals, post high school training.

Vocational Rehabilitation Services
Evaluation and eligibility determination, counseling and guidance, job training, post high school training, transportation, and physical and mental rehabilitation
Baker Office 523-1800
3165 10th Street, Baker City, OR 97814 (DHS Building)
La Grande Office 963-4113
1607 Gekeler Ln, La Grande, OR 97850 (DHS Building)

You might be the parent who has recently learned that your child experiences disability, working to get your arms around a new diagnosis; you might be the parent of someone preparing for adulthood, or, of course, anywhere in between. We all share something in common in that we are raising a child who experiences disability. Often, families feel isolated and as if they are on this journey all alone. FACT wants to make sure you know that you are not alone! FACT is dedicated to empowering Oregon families experiencing disability.

http://factoregon.org/parent-training-iep-education/

Notes:
National Help Line: 1-800-799-SAFE

May Day, Inc. 24 Hour Crisis Line: 523-4134
1834 Main St. Baker City, OR 97814
Domestic violence and sexual assault services: crisis intervention, safe shelter, peer counseling, education, and support, children’s program, teen parent program, mental health referrals, help filling out restraining orders.

Shelter From the Storm 24 Hour Crisis Line: 963-9261
Business: 963-7226
1111 Fifth St., La Grande, OR 97850
Domestic violence and sexual assault services: hotline, safe shelter, help filling out restraining orders, support groups, respite child care for clients, individual counseling, Children’s Program, Women’s Group, volunteer opportunities.

Notes:
-For our mothers that do not get child support, it is because many times they fear their ex-husband/boyfriend. If this is the case make sure and refer them to the shelter so that they get the confidence to seek the child support that is the father’s responsibility to pay. The local District Attorney should be contacted when the mother is ready so the case can proceed: 523-6414 Baker County, 963-7532 Union County.
**Education**

**Eastern Oregon Head Start**  962-3622
One University Blvd., La Grande, OR
A no cost comprehensive preschool education for 3 and 4 year olds in Union and Baker Counties.

**InterMountain Education Service District**  800-522-8396
2001 SW Nye Avenue, Pendleton, OR 97801

**La Grande Office**
1100 K Avenue, La Grande, OR 97850
Provides programs for children with special needs, technology support, administrative services, and school improvement services.

**Early Intervention Services (IMESD) 1-800-927-5847**
Screening and Assessment, Special Education for children birth to 5 years of age, Regional Services including special education, evaluation, consultation, and instructional services for students 0-21, with vision, hearing, and severe orthopedic impairments. Consultation for autistic, chronic/severe health impairment, and communication needs.

**Grande Ronde Child Center**  963-8666

Notes:

The YMCA has lots going on, including their own preschool, and an after school program for K-6th graders. Kids can take the bus from their school, then parents can pick them up at 5:30pm. $5 for members, $7.50 for nonmembers. 541-523-9622

**Emergency Services**
Emergency? Call 9-1-1

Poison Control Center  1-800-222-1222
National number connects to local/regional number.

American Red Cross, Eastern Oregon Chapter

Baker County  24 Hour Access: 523-2231
2020 Church Street (P.O. Box 1024), Baker City, OR 97814

Union County  24 Hour Access: 962-0952
1806 Cove Avenue, La Grande, OR 97850
24-hour emergency services, service to military families, disaster relief, first aid, CPR Classes.

Notes:
<table>
<thead>
<tr>
<th>Service</th>
<th>Details</th>
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</thead>
</table>
| Certified Personnel Agency | 963-6678  
10201 North McAlister Rd., Island City, OR  97850  
No registration fee. Temporary and permanent job placement. |
| Work Source Oregon (Oregon Employment Department) | [http://www.worksourceoregon.org/](http://www.worksourceoregon.org/) |
| Baker Office | 523-6331  
1575 Dewey St., Baker City, OR  97814 |
| La Grande Office | 963-7111  
1901 Adams Ave., La Grande, OR  97850  
Job listings, referral, and employment assistance, federal job information, civil service announcements and testing, resume writing services, veteran’s programs. |
| Training & Employment Consortium | [tecteam.org](http://tecteam.org) |
| | Job training for unemployed adults and youth, assessment of skills and interests, classroom and on-the-job training, upgrading of basic skills, summer youth work program. |
| Baker Office | 523-6331  
1575 Dewey St., Baker City, OR  97814 |
| La Grande Office | 963-7942  
1901 Adams Ave., La Grande, OR  97850 |
| Free Job Websites: | [indeed.com](https://www.indeed.com)  
[craigslist.org](https://craigslist.org)  
[http://www.emp.state.or.us/jobs/](http://www.emp.state.or.us/jobs/) |

Notes:
-For parents wanting more skills, but have no money, [www.eou.edu/career](http://www.eou.edu/career) offers web tutorials on Office Programs.
**CHD Veterans Services**  
962-8802  
2301 Cove Ave., La Grande, OR 97850  
Counseling and advice to veterans, their dependents, and/or survivors, help in obtaining maximum benefits provided by federal, state and local regulations.

**Community Connections**  
963-3186  
2802 Adams Ave. La Grande OR 97850  
Information for renters, homebuyers, homeowners. Provides budgeting and credit counseling services

**National Foundation for Credit Counseling**  
1-800-682-9832 Spanish  
This service offers many financial forms and resources including free debt counseling

**DHS Self-Sufficiency Services**

Resources and services to meet basic needs and promote independence and self-sufficiency to families. Services include: money for needy families with children, food stamps, help with medical and child care costs.

**Baker County**  
523-3648  
3165 10th St., Baker City, OR 97814

**Union County**  
963-4113  
1607 Gekeler Lane, La Grande, OR 97850

**IRS Federal Tax Information**  

**Supplemental Security Income (SSI)**  
1-800-772-1213  [www.socialsecurity.gov](http://www.socialsecurity.gov)  
2205 Cove Ave., La Grande, OR 97850  
Benefits for children with physical or mental disabilities. Qualification dependent on family income.

**oregonhelps.org**

A website that will help anyone find out what benefits they qualify for in about five minutes.

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**Notes:**
Food and Clothing

WIC
Women, Infants and Children supplementary foods and nutrition programs

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<tr>
<th>Service</th>
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<tr>
<td>Baker County Health Department - WIC</td>
<td>523-8212</td>
<td>3330 Pocahontas Rd, Baker City, OR 97814</td>
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<tr>
<td>Center for Human Development – WIC</td>
<td>962-8801</td>
<td>2301 Cove Ave., La Grande, OR 97850</td>
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<tr>
<td>Community Connection of Northeast Oregon</td>
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<tr>
<td>Baker County</td>
<td>523-6591</td>
<td>2810 Cedar St., Baker City, OR 97814</td>
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<tr>
<td>Union County</td>
<td>962-8829</td>
<td>1504 Albany St., La Grande, OR 97850</td>
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<td></td>
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<td>Meals-on-Wheels and meal site</td>
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<td>1504 Albany, La Grande, Oregon 97850</td>
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<tr>
<td>Nazarene Church Compassion Center</td>
<td>523-9845</td>
<td>1250 Hughes Ln., Baker City, OR 97814</td>
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<tr>
<td>Department of Human Services</td>
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<td>Self-Sufficiency Services</td>
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<td>Baker County</td>
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<td>Union County</td>
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Resources and services to meet basic needs and promote independence and self-sufficiency to families. Services include: money for needy families with children, food stamps, help with medical and child care costs.

Notes:

Clothing

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<th>Service</th>
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<tr>
<td>Dorcus Community Services Baker</td>
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</table>
17th and Pocahontas, Baker City, OR 97814
   Clothing and bedding Tuesday 1:30 - 4:00 P.M.

Elgin 437-5454
15th and Division, Elgin, OR 97827
   (Next to the Seventh Day Adventist Church)
   Free clothing and shoes. Bedding for emergency fire victims when available. Headquarters
   for area disaster assistance. Clothing Tuesdays: 9:00- 12:00

Island City (La Grande)
10103 Fruitdale Ln., Island City, OR 97850
Free clothing. Tuesdays: 9:00-1:00 & Th. 5:00 -7:00

Fresh Start Second Hand Store 523-7915
Blue Mountain Four Square Gospel Church 2120 Broadway, Baker City, OR 97814

Marlas’s Mall 523-6336
   2725 Seventh St., Baker City, OR 98714

People Helping People 910-8363
   2633 Bearco Lp, La Grande. Mon. – Sat 9- 4:00p.m.

Salvation Army Thrift Store 523-5853
2505 Broadway Ave., Baker City, OR 97814
   Clothing, household, information/referral, Christmas baskets. Family Services Assistance

Notes:

Food Banks

Baker City Food Bank
St. Francis Catholic Church 523-4521
2235 First St., Baker City, OR  97814
Call for day and time that the food bank is opened

**Bread of Life Baker County**
3453 H Street
Open the 2nd and last Tuesday of the month

**Elgin Food Bank**  437-8021

**La Grande Food Bank**
**Neighbor to Neighbor Ministries**  963-9126
Valley Fellowship Church, 507 Palmer St.
Call for the day and time that the Food Bank is opened

**Salvation Army**  963-4829
**FOOD BANK.**
1114 Y Ave., La Grande, OR  97850
Call for day and time that the food Bank is opened

**Union-Cove Community Food Bank**  562-5848
Call Mondays 1 to 4, Tuesdays and Wednesdays; leave a message.

Notes:

**Housing and Utilities**

**Community Connection of Northeast Oregon**
Service for seniors, low-income and handicapped individuals including **Low Income Energy Assistance Plan (LIEAP), Weatherization Program**, Project Share energy assistance, Emergency Shelter Grant for evicted tenants, Tenant-Based Assistance (TBA) temporary rent subsidy, Federal Emergency Management Assistance (FIMA), Motel Assistance emergency displacement vouchers as funds are available. Call for information.

**Baker Office**
2810 Cedar S., Baker City, OR 97814
**La Grande Office**
1504 Albany St., La Grande, Oregon 97850
*See brochure for all of the financial planning services they also provide.*

**Neighbor to Neighbor Ministries**
Valley Fellowship Church, 507 Palmer St., La Grande, OR 97850

**Northeast Oregon Housing Authority**
2608 May Lane (P.O. Box 3357), La Grande, OR 97850
Rental assistance to low-income families, elderly, and disabled. Financed by HUD (Housing and Urban Development).

**Oregon Telephone Assistance Plan**
1-800-848-4442
[http://www.puc.state.or.us/Pages/rspf/otap.aspx](http://www.puc.state.or.us/Pages/rspf/otap.aspx)
*Subsidy for initial phone hook up fee; OTAP)*
*Reduced phone rate for low-income families.*

**Rural Development FMHA Home Loans**
In Pendleton 1-541-278-8049 ext.4
Low-income family loans.

Notes:

- Northeast Oregon Housing Authority is for a family that wants to get into Section 8 Housing or one of the limited apartments in Baker and Union Counties managed by this section of the Housing Authority. This is a program that pays the landlord a portion or all of the tenants rent based on need, and the application process can take up to two years.

  There are a number of other private companies (apartment complexes) that offer other options, including Housing and Urban Development Programs (HUD). Most apartment complexes in our area offer some form of this program and one should inquire at as many as possible. Each complex has its own application process and the fee for the application varies from free to around $25. The application needs to be updated every 3 months at each location that it is filed. The turnaround to get into one of these apartments can be as little as one month.

- If a family is in an emergency housing situation they should contact Community Connection or Neighbor to Neighbor (very limited funds).
Both the LG and Baker School Districts employ homeless liaisons. If a family is homeless, and of district school age, is having any trouble enrolling or maintaining enrollment call the local district office.

Housing Notes Continued:

RENTERS RIGHTS:

http://www.osbar.org/public/legalinfo/tenant.html

http://oregonlawhelp.org/

One can also contact Di-Lynn at North East Housing Authority: 963-5360. She sent me some informative books covering this information.
**http://oregonlawhelp.org/**

**CASA - Court Appointed Special Advocates for Children.**

<table>
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<tr>
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<th>Phone</th>
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<tbody>
<tr>
<td>Baker County CASA</td>
<td>523-5437</td>
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<tr>
<td>1995 3rd St., Baker City, OR 97814</td>
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<tr>
<td>Union County CASA, Inc.</td>
<td>963-2993</td>
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<tr>
<td>P.O. Box 3053, La Grande, OR 97850</td>
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<tr>
<td>Catholic Charities</td>
<td>503-669-8350</td>
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<td>Latino Services including immigration law assistance</td>
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**Child Support Enforcement**

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<td>Baker County</td>
<td>523-6414</td>
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<tr>
<td>District Attorney</td>
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<tr>
<td>1995 Third St., Baker City, OR 97814</td>
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<tr>
<td>Union County</td>
<td>963-1028</td>
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<tr>
<td>District Attorney</td>
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<tr>
<td>1100 L Ave., La Grande, OR 97850</td>
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**Consumer Complaints**

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<tr>
<td>503-378-4320</td>
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<td>State Attorney General’s Office</td>
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**Juvenile Justice Specialist**

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<tr>
<td>1-800-638-8736</td>
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<tr>
<td>Information available by phone or fax.</td>
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**oregonlawhelp.org**

Free Legal Information for Low-Income Oregonians

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<tbody>
<tr>
<td>1-800-843-1115</td>
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<tr>
<td>Oregon Legal Aid</td>
</tr>
<tr>
<td><a href="http://oregonlawhelp.org/">http://oregonlawhelp.org/</a></td>
</tr>
<tr>
<td>A non-profit organization that provides representation on civil cases to low-income clients throughout Oregon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-452-7636</td>
</tr>
<tr>
<td>Modest Means</td>
</tr>
<tr>
<td>A non-profit organization that provides representation on civil cases to low-income clients throughout Oregon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-800-452-4776</td>
</tr>
<tr>
<td>Tel-Law Tapes of Legal Topics</td>
</tr>
</tbody>
</table>

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The local court house provides some great information, especially if it is related to custody. Union County 541-962-9500 Gail ext. 2228 and Baker County 523-6303.

**Victim’s Assistance**
Notes:

**Unfair Work Issues:**

Valuable info for helping one if they are dealing with unfair or illegal work issues. The phone # for the intake officer for complaints is [971-673-0764](tel:971-673-0764). If they need to file a complaint, they go to [oregon.gov/boli](http://oregon.gov/boli) and then click on the type of complaint they need to file. If it is a civil rights complaint, they need to call [541-686-7623](tel:541-686-7623).
2400 Resort St.
Baker City, OR 97814

Elgin Community Library 437-2860
260 North 10th St. Elgin, OR 97827

Cook Memorial Library 962-1339
2006 4th St., La Grande, OR 97850

Cove Community Library 568-5001
606 Main St., Cove OR 97824

North Powder City Library 898-2175
250 ‘E’ St., North Powder, OR 97867

Pierce Library 962-3864
Eastern Oregon University 962-3579
One University Blvd.
La Grande, OR 97850

Union Public Library 562-5811
182 North Main
Union, OR 97883

Notes:

Literacy Services /Adult Ed

Adult and Family Literacy Center 962-1339
Cook Memorial Library
2006 4th St., La Grande, OR 97850
Reading, Tutoring and Basic Skills.

Access the Learning Express Library online study tool through the Cook Memorial Webpage
Free study materials for the GED and many other tests: http://www.cooklib.org/

Blue Mountain Community College https://www.bluecc.edu/ and
https://www.bluecc.edu/started2
Pendleton Campus 541-278-5969

Get your GED with the help of Eastern Oregon University: Cathy Trochlell 541-962-3076
ctrochlell@eou.edu

Baker Office 523-9127
3275 Baker St., Baker City, OR 97814
Distance Education classes available
ABE/GED and ESL

Career Enhancement Center 963-9213
1901 Adams Ave, La Grande, Oregon 97850
Courses in typing, word processing, database, spreadsheets, bookkeeping, and basic
academic skills. GED prep & testing. Adult basic education; alternative learning center for
school districts.

Eastern Oregon University Distance Education http://www.eou.edu/online/

Baker Office 523-6822
3000 Broadway, Baker City, OR 97850

La Grande Office 962-3378
One University Blvd., La Grande, OR 97850

Eastern Oregon University 962-3519 http://www.eou.edu/
One University Blvd., La Grande, OR 97850

OSU Extension Service
Baker County 523-6418
2610 Grove St., Baker City, OR 97814

Union County 963-1010
10507 N. McAllister Rd., Island City, OR 97850
Free and low cost workshops. Newsletter, home economics information, family and community
services, 4-H.

Training & Employment Consortium (TEC) http://www.trainingemployment.org/
Baker Office 523-9127
1575 Dewey St., Baker City, OR 97814

La Grande Office 963-7942
1901 Adams Ave. La Grande, OR 97850
Adult Basic Education, GED, distance learning and continuing education, English as a Second
Language, Oregon Food Handler’s Classes.
Union Public Library 562-5811
182 North Main St., Union, OR 97883
Reading and Basic Skills.

**Vocational Rehabilitation Services**
Evaluation and eligibility determination, counseling and guidance, job training, post high school training, transportation, and physical and mental rehabilitation

**Baker Office** 523-1800
3165 10th Street., Baker City, OR 97814 (DHS Building)

**La Grande Office** 963-4113
1607 Gekeler Ln, La Grande, OR 97850 (DHS Building)

Notes:

**Scholarship Information:**

**Head Start**

Teresa Gustafson
541 975-3945
tgustafson@oregonwireless.net
PEO gives college scholarships to women only and they have several different categories.

**Mental Health**

**Center for Human Development** 962-8800
2301 Cove Ave.
La Grande, OR 97850
Full range of Mental Health services for children and adults.

**Grande Ronde Child Center, Inc.**  963-8666
902 D Ave., La Grande, OR 97850
Mental Health services for children and families of Union county and the Eastern Oregon region.

**Mountain Valley Mental Health Programs**  523-3646
2200 Fourth St.  Crisis:  523-5903
Baker City, OR 97814
Full range of Mental Health services for children and adults. Medicaid billing, sliding scale available.

**National Foundation for Depressive Illness**  1-800-248-4344
Depression symptom phone survey, information and local referrals.

**New Day Enterprises, Inc.**  963-2348
2107 N. Depot St, La Grande, OR 97850
Community mental health facility for disabled adults.

**Shelter From the Storm**  Business:  963-7226
1111 Fifth Street  Crisis Line (24 Hour): 963-9261
La Grande, OR 97850
Domestic violence/sexual assault services: support groups, individual counseling.

2695 Church St.
Baker City, OR 97814
Services for developmentally disabled and physically disabled adults

**U.S. Department of Health and Human Service**
1-800-662-HELP (4357)
Substance Abuse and Mental Health referral routing service for information and referral to treatment resources in your area.

Notes:

**Parenting and Family Support**

**“Calling On Moms and Dads”**  523-9520
3330 Pocahontas Rd., Baker City, OR 97814
Support for new mothers, hospital visit after birth of a child, in-home visitation by trained
volunteer, OSU Newsletter “Parenting the First Year”, Parenting Classes.

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head Start</td>
<td>541-962-3622</td>
<td>2301 Cove Ave., La Grande, OR 97850</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Full range of Mental Health services for children and adults. Temperament Program. Medicaid billing, sliding scale available.</td>
</tr>
<tr>
<td>Center for Human Development</td>
<td>962-8800</td>
<td></td>
</tr>
<tr>
<td>County Resource Team</td>
<td>963-7942</td>
<td>Bringing together at-risk youth, family &amp; community partners to create a plan for success</td>
</tr>
<tr>
<td>Girl’s and Boy’s Town</td>
<td>1-800-448-3000</td>
<td>(24-Hour Crisis Hotline for Anyone)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>For kids and parents: problem solving, parenting issues, teens- how to talk to parents</td>
</tr>
<tr>
<td>Healthy Start</td>
<td></td>
<td>Help for first time mothers and fathers</td>
</tr>
<tr>
<td>Baker County Health Department</td>
<td>523-8211</td>
<td>3330 Pocahontas Road, Baker City, OR 97814 Union</td>
</tr>
<tr>
<td>Healthy Start Union County</td>
<td>805-2526</td>
<td>2107 3rd St., La Grande, OR 97850</td>
</tr>
<tr>
<td>Helping Children Cope with Divorce</td>
<td>962-9500 ext. 2228</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Family Law Coordinator. Free educational program to aid families experiencing divorce.</td>
</tr>
<tr>
<td>Missing Children’s Clearinghouse</td>
<td>1-800-282-7155</td>
<td>24 Hour Hotline</td>
</tr>
<tr>
<td>Mt. Emily Safe Center</td>
<td>963-0602</td>
<td>2107 3rd St. La Grande, OR 97850</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Parent education/ support workshops, trainings, &amp; classes – call for current schedule</td>
</tr>
<tr>
<td>National Runaway Switchboard</td>
<td>1-800-231-6946</td>
<td>24 Hour Hotline, Referrals, Home-Free Greyhound Program</td>
</tr>
</tbody>
</table>

Notes:

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Substance Use

Alanon and Alanteen
Baker (New Directions) 523-7400
La Grande 652-5772 or 568-4856
Support group for families and friends of alcoholics.
12 Step program.

**Alcoholics Anonymous**
- **Baker (New Directions)** 523-7400
- **La Grande** 786-3244 or 786-3254
  - Support group for alcoholics. 12 Step program.

**Alcohol and Drug Help Line**
- **Center for Human Development** 962-8800

**Alcohol and Drug Program**
- 2301 Cove Ave., La Grande, OR 97850
  - Comprehensive alcohol/drug program that includes prevention, education, and treatment; substance abuse, crisis intervention, assessment/evaluation, counseling, family consultation, case coordination, recreation alternatives, teen services.

**New Directions Northwest, Inc.**
- **Administrative Office** 523-7400
  - 1719 Main St., Baker City, OR 97814
  - Alcohol and drug counseling and rehabilitation.

**Baker House** 523-6581
- 2330 Fifth St., Baker City, OR 97814
  - Adult detox and residential treatment facility.

**Emergency Detox** 523-6581

**Blue Mountain Addictions** 523-1078
- Outpatient Program
  - 2220 Fourth St., Baker City, OR 97814
  - Group DUII classed, domestic violence treatment.

**Elkhorn Adolescent Treatment Center** 523-8320
- 3700 Midway, Baker City, OR 978154
  - Residential and outpatient treatment - youth 14-18 years of age.

**Women and Children’s Programs** 523-4049
  - Residential treatment for women with young children.

**U.S. Department of Human Service** 1-800-662-HELP (4357)
  - Substance Abuse and Mental Health referral routing service or information and referral to treatment resources in your area.

Notes:
## Transition/District Schools

<table>
<thead>
<tr>
<th>School</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Baker School District 5J</td>
<td>523-5814</td>
</tr>
<tr>
<td>2090 Fourth St., Baker City, OR 97814</td>
<td></td>
</tr>
<tr>
<td>Baker High School</td>
<td>523-6336</td>
</tr>
</tbody>
</table>
Baker Middle School 523-6301  
Brooklyn School 523-6488  
Haines Elementary 856-3611  
Keating Elementary 523-2377  
North Baker City School 523-4461  
South Baker City School 523-6372

**Cove School District** 568-4424  
803 Main St., Cove, OR 97824

**Elgin School District 23**  
111 Division St., Elgin, OR 97827  
Superintendents Office 437-1211  
High School 437-2021  
Stella Mayfield Elementary 437-2321

**Imbler School District**  
P.O. Box 164, Imbler, OR 97841  
High School 534-5331  
Elementary School 534-2311

**La Grande School District 1** 663-3200  
708 K Ave. #100, La Grande, OR 97850  
Central Elementary School 663-3500  
Greenwood Elementary School 663-3580  
Island City Elementary School 663-3270  
La Grande High School 663-3300  
La Grande Middle School 663-3420

**North Powder School District 8J** 541-898-2244  
333 G St., North Powder, OR 97867

**Union School District 5** 540 South Main, Union, OR 97883  
Superintendent 562-6115  
High School 562-5166  
J F Hutchinson Elementary 562-5353  
S. E. Miller Elementary 562-5278

Notes:  
-Elgin has a preschool in their elementary school.  
-Haines has reopened their public preschool.

**Transportation**

**Community Connection of Northeast Oregon**  
Baker Office 523-6591  
Spanish 963 2877 ext. #2 Roy Gomez
2810 Cedar, Baker City, OR 97814
Service in Baker City & between Baker City and La Grande

La Grande Office 963-2877
1504 Albany, La Grande, OR 97850

Cascade East Ride Center 1-866-385-8680
Providing transportation for families on OHP Plus for medical and dental services.

Neighbor-to-Neighbor Ministries 963-9126
P.O. Box 1135
La Grande, OR 97850
   Sponsored by La Grande Churches and United Way, provides volunteer services to those in need, including transportation when volunteers are available.

Notes:

Cascade East is now only able to provide ride service to families that have no transportation. When a family calls the agency will ask if they have a dependable means of transportation, if so if they have a license, insurance etc. if the answer is yes then they are referred to DHS for a gas voucher. If the answer is no, then Cascade East can still provide transportation. Families need to call early about rides, especially if the gas voucher is needed from DHS so that there is time to facilitate the process.

Baker Cab Company: 519 0343.
Bus Barn in Baker: 523 5443 (Public School Bus in Baker).