

Agency Resource Guide Union and Baker Counties 2013-2014



This Community Resource guide is a collaborative effort of all private and public education and social service agencies in Union and Baker Counties.

This guide is managed by Eastern Oregon Head Start. Please call 541-962-3622 or write to rkleng@eou.edu to make revisions, additions, or to be added to the email list to receive up to the date agency information and events.



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Child Abuse Services

National Hotline: 1-800-25-ABUSE

Note: Head Start employees are Mandated Reporters and must, by law, report any instance of suspected child abuse or neglect to an office of Child Welfare or a local law enforcement official. Private Citizens may also make a report or seek guidance from one of the agencies listed below if they have reason to believe that a child is in danger of abuse or neglect. Families may self-report to help themselves and their family.

DHS – Child Welfare

Baker County **866-538-5804**

3165 10th St., Baker City OR 97814

Union County **866-538-5804**

1607 Gekeler Lane, La Grande, OR 97850 963-2906 FAX

Police -----

Baker City Police Department **523-3644**

1655 First St., Baker City, OR 97814

Baker County Sheriff **523-6415**

3410 K St., Baker City, OR 97814

Elgin City Police **437-9771**

100 North 8th St., Elgin, OR 97827

La Grande City Police **963-1017**

1109 K Ave., La Grande, OR 97850

Union County Parole Office **963-1005**

Union City Police Department **562-5198** **Probation Office 963-1005**

City Hall, 342 S Main St., Union, OR 97883

Union County Sheriff **963-1017**

1109 K Ave., La Grande, OR 97850

Mount Emily Safe Center **963-0602** **<http://www.mtemily.org/>**

2107 3rd St., La Grande, OR 97850

National Child Abuse Hotline 1-800-422-4453 **<http://www.childhelp.org/pages/hotline-home>**



Notes:

Child and Family Health Services

To apply for Oregon Health Plan 1-800-699-9075

<http://www.oregon.gov/oha/healthplan/pages/apply.aspx>

Read the following to help families navigate Oregon's new health care system:

For coverage that starts in January, 2014, the Oregon Health Plan (OHP) is opening to more Oregon adults. You may qualify for OHP even if you've been denied in the past.

Fast-Track Enrollment - an easy way to enroll

You may be able to enroll in OHP now, for coverage that starts January 1, 2014. You do not need to apply. This fall, about 260,000 Oregonians received letters letting them know that they are eligible for "fast-track enrollment" in the Oregon Health Plan. That's because they have already been approved for other benefits.

If you got a letter in the mail, please **fill out the two-sided form, sign it and send it back** as soon as possible.

Fast-track enrollment is available to adult Oregonians who meet income and residency requirements for the Oregon Health Plan and have already qualified for the following:

- 1) Food benefits through the Supplemental Nutrition Assistance Program (SNAP),
- 2) Or health care benefits for children through Healthy Kids/OHP.

Another way to enroll - Cover Oregon

If you do not qualify for fast-track enrollment, you can apply for the Oregon Health Plan or other coverage through Cover Oregon. Cover Oregon is the new online marketplace where Oregonians can comparison shop for health insurance and see if they qualify for financial assistance to help pay for private insurance.

- Apply through a Cover Oregon community partner or insurance agent at CoverOregon.com or call 1-855-CoverOR for a list of people who can help in your area. Getting application help from a community partner or agent is free.

FOR UNION AND BAKER COUNTIES THIS IS NORTHEAST OREGON NETWORK, IN PARTNERSHIP WITH EASTERN OREGON HEAD START AND COMMUNITY CONNECTIONS:

<http://www.neonoregon.org/>

Phone: 541-624-5101

- Request a paper application at your [local DHS Branch Office](#) or by calling 1-855-CoverOR. Paper applications are available in multiple languages.

More information about Cover Oregon

[Cover Oregon](#) is a new online marketplace where Oregonians can apply for health insurance.

- No one will be turned away because of health conditions
- Anyone can apply for coverage, regardless of income

Cover Oregon is a one-stop shop for all types of coverage. You fill out one application to see what you qualify for:

- The Oregon Health Plan / Healthy Kids
- Private health insurance

- Financial assistance to help pay for private health insurance

Go to CoverOregon.com to apply. You can also apply using a paper application. Paper applications are available in multiple languages.

Help applying

Cover Oregon community partners and agents can help people with the application. You can search the list of certified partners and agents at www.CoverOregon.com/agent/find to find help in your area.

Help is also available by calling 1-855-CoverOR (1-855-268-3767). You can also learn more by downloading the [Application Assistance Booklet](#).

Questions?

Call OHP Customer Service at 1-800-699-9075 for questions about fast-track enrollment and applying for the Oregon Health Plan.

Frequently Asked Questions

Am I eligible?

Qualification for OHP is based on residency, income, and/or those who are elderly, sight impaired, disabled, pregnant or receiving Temporary Assistance for Needy Families (TANF) benefits. Individuals who want to apply for OHP should always submit a completed application to see if they qualify. Starting January 1, 2014, OHP is opening to more low-income adults. You may qualify for OHP starting in January, even if you've been denied in the past.

Does OHP cover preventive services?

Yes. All OHP Plus, CAWEM Plus and OHP with Limited Drug benefit packages cover preventive services, including immunizations, check-ups and screening tests such as mammograms and PAP tests.

When will I find out if I qualify for the Oregon Health Plan?

If you received a "fast-track" enrollment form, you are prequalified for the Oregon Health Plan. After it is received at OHA, you will receive a confirmation in the mail. There is a high volume of mail right now, so it may take a little while to confirm your enrollment. Please be assured, though, that you will have everything you need to begin receiving services in plenty of time before January 1, 2014.

If you apply through Cover Oregon or another means, you will find out if you qualify for OHP health coverage within 45 days of turning in your completed application.

If we need to find out if you qualify for OHP health coverage based on a disability, it may take longer than 45 days.

If you do not hear back after 45 days, contact the office where you applied and ask for your application's status. If you applied online or by mailing in your application, call Customer Service at 1-800-699-9075.

Is there other help?

- [211 Info](#) has more health care resources, including Medicare, help with prescription drug coverage, and other [statewide resources for Oregonians](#).
- Resources for [Healthy Living](#) and [Staying Healthy](#) (Public Health services)
- [Resources in your local Oregon county](#)

**North East Oregon Network (NEON)
Local Insurance**

**541-624-5101 (Baker and Union County)
541-963-2000 (Union County)**

County Health Departments:

Babies First, CaCoon, Communicable Diseases, Family Planning, **Healthy Start (Baker County)**, Immunizations, Oregon Mother's Care, Sexually Transmitted Infection Program, Tobacco Prevention

Education Program, WIC, Vital Records.

Baker County Health Department 523-8211

3330 Pochontas Road, Baker City, OR 97814 Union

Union County Public Health -CHD 962-8800

2301 Cove Ave., La Grande, OR 97850

Healthy Start Union County 805-2526

WIC (Women, Infants and Children) 800-723-3638

Baker County 523-8212

Union County 962-8829

Oregon Immunization Alert 1-800-980-9431

To get Oregon Immunization records <https://www.alertiis.org>

Next Step Pregnancy Information Center 963-6918

Crisis Hotline: 1-800-395-4357

1002 Spring Avenue, La Grande, OR 97850

Free, confidential pregnancy testing, referrals, shelter, counseling, and information on pregnancy & abortion

Rachel Pregnancy Center 523-5357

2194 Court Ave. Baker City OR 97814

Pregnancy testing, counseling, classes

Online Pregnancy Resource: <http://www.optionline.org/>

Stop Smoking 1-800-Quit-Now

The CHD tobacco specialist is Deanne Mansveld 962-8822

CDC National Prevention Network 1-800-458-5231

HIV/AIDS, STD & TB information, STD treatment information packets, counseling, reference and referral information available. 24 hour fax system. Phone hours 6 AM to 3 PM Mon – Fri.

CDRC, Portland, OR 503-494-8095 or 1-800-452-3563

OSHU Child Development & Rehabilitation Center

Diagnostic and evaluation center and outpatient clinic for children with developmentally or physically handicapping conditions.

Doernbecher Children's Hospital 503-494-8811

3181 S.W. Sam Jackson Park Road, Portland, OR 97201

General hospital services for children.

Shriners

503-241-5090

A 3101 S.W. Sam Jackson Park Road, Portland, OR 3101 S.W. 97239-3009

A children's hospital specializing in bones and joints

Brief Descriptions of Public/County Health Programs:

Babies First! Is a nurse home visiting program for families with babies and young children up to age 5. The Babieeses First! Program is to help families make sure that their babies are healthy as they grow and learn.

CaCoon Program

The CaCoon program serves families with children from birth to age 20 who have (or are at risk of having) a chronic health condition or disability. CaCoon care coordination services are offered by public health nurses who are specially trained to care for children and youth with special health needs. Since family members have a central role in the care of their child, all services are planned around the desires and concerns of the family.

Family Planning

The Family Planning program provides low cost reproductive health services, birth control, outreach and education in order to promote sexual health and well being, and to reduce unintended pregnancies. The qualification to receive family planning services is the ability to reproduce.

Healthy Start- Ran Out of Baker County Health Department, Self Funded in Union County

Healthy Start's Mission: "To promote and support positive parenting and healthy growth and development for Oregon parents and their first-born children"

Having your first child brings big changes in your life. Healthy Start is available to all first-time parents who are pregnant with or have given birth to their first child within the last three months. The Healthy Start program is voluntary, and it is free! There are no income requirements.

Oregon Mother's Care

No woman should go through pregnancy without the support and care she needs. Oregon Mothers Care conr pregnancy services in our community for easy access

Sexually Transmitted Infection Program

Health Departments provide confidential, low cost, STI infection screening. All information disclosed by clients confidential.

STI tests done at a HD:

- Chlamydia/Gonorrhea
- Syphilis
- Hepatitis B and C
- HIV

Community Education:

Nurses are available to discuss the following topics with schools, youth programs, drug and alcohol programs, and others by request.

- Sexually Transmitted Diseases
- HIV Prevention

- Birth Control Methods

Tabaco Prevention and Education Program

Oregon's Tobacco Prevention and Education Program funds local tobacco control programs to engage Oregonians in their homes, workplaces, schools, and other public places. These programs are found at county health departments, tribes, schools, and community-based organizations throughout Oregon. They counter tobacco marketing where it matters the most — in the places where people work, play, learn and live.

Women Infants and Children

What is WIC?

It's a nutrition program.

What are the requirements to join WIC?

- WIC is available to pregnant women, breast feeding mothers, post partum women up to 6 months, and children under the age of 5 years old.
- If you have an adjunct income such as OHP, food stamps, and TANF then you automatically qualify!
- You will need to bring in the following proofs as well: Income, Identity, and Residency

Vital Records

Birth and Death Certificates

Certified Copies of birth and death certificates are available through the Baker County Registrar up to six months after the event.

To Order Locally:

- Complete an order form at the Baker County Health Department
Between 8:00 AM and 5:00 PM, Monday – Friday
- Please bring current driver's license or other official picture identification

To Order After 6 Months:

- An order form may be picked up at the Baker County Health Department for births or deaths occurring more than 6 months ago.
- You may also contact the Oregon State Vital Records at:
(971) 673-1190
- You may order a vital record by mail or by going to www.vitalchek.com.
- A non-refundable fee for the record search and a certified copy is \$20.
- Additional copies of the same record are \$15 each if ordered with the original request.

Local Health Clinics: For a complete list of providers see page

Baker County:

Baker Clinic 3175 Pocahontas Rd., Baker City, OR 97814	523-4415
Eagle Cap Clinic 3705 Midway Dr., Baker City, OR 97814	523-4497
Eastern Oregon Medical Associates 3950 17 th Street, Baker City, OR 97814	523-1001
St. Alphonsus Health Services 3325 Pocahontas Rd., Baker City, OR 97814	523-6461
St. Lukes EOMA 3950 17 th Suite A, Baker City, OR 97814	523-1001

Union County:

Elgin Family Health Care Clinic 1400 Division, Elgin, Oregon 97827	437-6321
Grande Ronde Children's Clinic 612 Sunset Dr. La Grande, OR 97850	963-9123
Grande Ronde Hospital 900 Sunset Drive, La Grande, Oregon 97850	963-8421 Emergency: 963-1442
Grande Ronde Hospital Regional Clinic 506 4 th St., La Grande OR 97850	663-3138
La Grande Family Practice 710 Sunset Drive	963-4139
Obsidian Urgent Care: 401 Adams Avenue La Grande, OR 97850	962-7407
Union Family Health Center 142 E. Dearborn, Union, Oregon 97883	562-6062

Notes:

Local Dental Providers Accepting OHP- See full list on next page

Baker County

DMD Sean Benson 523-2144
1831 1st Street, Baker City, OR 97814

DMD Dan Hayden 523-6311
3980 Midway, Baker City, OR 97814

Union County

DMD Russell Kilpatrick and DMD Brian Kruse 963-6445
1502 N Pine St. #2

PC Brian Spencer 963-2520
1501 6th St., La Grande, OR 97850

Oregon Dental School (ODS) 663-2721 See flyer on next page
Adult Cleaning \$27 Child Cleaning \$17
Fluoride Treatment \$3 Radiographs \$3 to \$17

Local Vision Providers-See full list on next page

Apple Eye Care (Accepts OHP) 962-7753
10709 Walton Rd., La Grande, OR 97850

Casey Eye Institute 503-494-4029
OHSU Pediatric Ophthalmology. Accepts OHP with Referral.

Lions Sight & Hearing Foundation 1-800-635-4667
For help with exams, eyeglasses or hearing aids please call (971) 270-0203

Oregon Optometric Association 503-654-5036 1-800-922-2045
6901 S.E. Lake Road #26, Milwaukee, OR 97267
Referrals for vision care

Dental Providers

Mountain Valley Dental Grp Hayden, Dan (OHP)	3980 Midway	Baker City, OR 97814	523-6 311	523-63 12	Office Mgr: Corey coreyj@HFDG.com
Hill's Family Dentistry: Hills, Megan DDS Hills, Stuart DDS	2889 D Street (Only Emergency OHP)	Baker City, OR 97814	523-3 870	523-21 65	coreyj@HFDG.com
Baker Dental Group: Chandler, Tod DMD Mylander, Howard DMD	2800 Main Street (Does <u>not</u> take OHP)	Baker City, OR 97814	523-6 012	524-95 43	Office Mgr: April
Benson, Sean DDS (OHP)	1831 1st Street	Baker City, OR 97814	523-2 144	523-37 51	Office Mgr: Ann
Heizer, William DMD	1817 Second Street	Baker City, OR 97814	523-2 932		www.markharrislagra.nde.com
Harris, Mark DDS	1809 3rd Street	La Grande, OR 97850	963-0 924		
McLean, Stephen, DMD Kilpatrick, Russell DMD (OHP)	1809 3rd Street 1502 N Pine Street #2	La Grande, OR 97850 La Grande, OR 97850	963-0 924 963-6 445	962-09 24 963-90 12	
Koza, Stephen DMD	2502 Cove Avenue	La Grande, OR 97850	963-4 962		
Kruse, Brian DMD (OHP)	1502 N Pine Street #2	La Grande, OR 97850	963-6 445	963-90 12	Office Mgr: Sue
McMahan, James DMD Nearing, Patrick DMD,PC	504 4th Street 1614 5th Street	La Grande, OR 97850 La Grande, OR 97850	963-5 632 963-8 585	963-45 84	
Mayes, Ely, DDS	1614 5th Street	La Grande, OR 97850	963-8 585		
Rampton, Wes DMD	902 4th Street 10609 S Walton Road	La Grande, OR 97850 La Grande, OR 97850	963-4 111 963-2 741	Root Canals 963-74 39	
Sea Brite Dental: Cynthia Morris, DMD Advanced Pediatric Dental Navid Newport DDS,FAAPD J.Kyle House DDS,FAAPD Steven J. Wohlford DDS,FAAPD	1060 W. Elm #115	Hermiston, OR 97831	289-5 433	289-54 36	

Medical Providers

St. Lukes Eastern Oregon Med. Assoc.

Andruss, Karen FNP	3950 17th Street EOMA providers cannot do screenings in the center because since being purchased by the hospital, the individual providers would have to purchase their own liability insurance to do off-site work.	Baker City, OR 97814	523- 1001	523- 1152	Off Mgr: Cindy Denne
Ellis, Linda FNP					
Irvine, William MD					
Kelley, Kal MD					
Lamb, Eric MD					
Mitzel, Jerrod MD	(Nurse: Shelly)				
Schott, Jon MD					
Smithson, Daniel MD					
Robbins, Kathryn RN, CDE	Diabetic Educator				
Vencill, Deb FNP					
St. Alphonsus Baker Clinic:	3175 Pocahontas Road Baker Clinic providers cannot do screenings in the center because since being purchased by the hospital, the individual providers would have to purchase their own liability insurance to do off-site work.	Baker City, OR 97814	523- 4415	523- 5471	Office Mgr: Tonya
McKim, Robert MD					
Petterson, Jon MD					
Zunino, Bud FNP					
Belinda Heersink, FNP					
Eagle Cap Clinic: Alanko, Randy MD	3705 Midway	Baker City, OR 97814	523- 4497		Office Mgr. Rhonda
Elgin Family Health Center: Leone, Dan FNP	1400 Division	Elgin, OR 97827	437 -6321	437- 8585	Appts: Carol Grubbe
Elgin Health Clinic: Bartell, Tempie			437- 0239	37- 5029	
La Grande Family Practice: Schaefer, John MD	2011 4th Street	La Grande, OR 97850	963 -4139	963- 4412	Office Mgr: Penny
					lgfpdoc tors@c

harternet.com

Schoenfelder, Ellen MD
Jensen, Susan MD
Conklin, Bryan MD

Office
Mgr:
Niki

Obsidian Urgent Care:
Leone, Dan FNP

401 Adams Avenue

La Grande, OR
97850

962
-7407

962-
7479

Partners in Health
Pfitzer-Minogue, Kathy

401 Adams Avenue

La Grande, OR
97850

962-
7407

962
-7479

Office
Mgr:
Niki

GRH Children's Clinic:
Grayson, Kevin MD
Hetrick, Mike MD
Lim, Melindres MD
Rollins, Sarah MD

612 Sunset Drive

La Grande, OR
97850

663
-3150

975
-5111

Office
Mgr:
Rondi
Ann

GRH Regional Clinic:

506 4th Street

La Grande, OR
97850

663
-3138

975-
5120

dml01@grh.org

Off
Mgr:Do
nna
Lauden

Dretke, Lien CFNP

Union Family Health Center

142 Dearborn

Union, OR 97883

562
-6062

562-
5757

rolsens.chd@gmail.com

Office
Mgr:
Carol

Montee, Kim MD

Optometrists/Opthalmologists

Baker Vision Clinic

2150 Third Street
www.bakervisionclinic.com

Baker City, OR
97814

249
-4578

Blankenship, Sheryl
Elms, Leslie
Mitchell, Logan

Eagle Optical

3705 Midway Drive
10709 S. Walton
Rd
www.appleeyecarepc.com

Baker City, OR
97814
Island City, OR
97850

523-
2020
663
-4100

www.eagleoptical.net

Apple Eye Care

Beckner, Daniel
La Grande Family Eyecare
Kimball, Samuel
Ophthalmologist

1502 Pine St, Ste B

La Grande, OR
97850

963
-3788

Pettit, William, MD

1404 Gekeler Lane

La Grande, OR
97850

963-
3119

Disability Services

Center for Human Development

962-8800

2301 Cove Ave., La Grande, OR 97850

Services for individuals with developmental disabilities: Crisis services, eligibility determination and referral point for foster care, individualized case planning and management. Is also the referral point to New Day Enterprise for vocational and residential programs and Eastern Oregon Supported Services Brokerage.

DHR Senior and Persons with Disabilities Services

In home care, housekeeping, shopping, transportation, meals on wheels, lifeline, food stamps, adult foster care homes, nursing home placement.

Baker Office **523-5846**

3165 10th St., Baker City, OR 97814 (DHS Building)

La Grande Office **963-7276**

1607 Gekeler Lane, La Grande, OR 97850 (DHS Building)

Neighbor to Neighbor Ministries **963-9126**

P.O. Box 1135, La Grande, OR 97850

Volunteer services to those in need: yard care, snow blowing, transportation, firewood, and respite care for the elderly and disabled (when volunteers available).

Step-Forward Activities, Inc. **523-7475**

2695 Church St., Baker City, OR 97814

Vocational and residential services for developmentally and physically disabled adults. Assessment, development of career goals, post high school training.

Vocational Rehabilitation Services

Evaluation and eligibility determination, counseling and guidance, job training, post high school training, transportation, and physical and mental rehabilitation

Baker Office **523-1800**

3165 10th Street., Baker City, OR 97814 (DHS Building)

La Grande Office **963-4113**

1607 Gekeler Ln, La Grande, OR 97850 (DHS Building)

You might be the parent who has recently learned that your child experiences disability, working to get your arms around a new diagnosis; you might be the parent of someone preparing for adulthood, or, of course, anywhere in between. We all share something in common in that we are raising a child who experiences disability. Often, families feel isolated and as if they are on this journey all alone. FACT wants to make sure you know that you are not alone! FACT is dedicated to empowering Oregon families experiencing disability.

<http://factoregon.org/parent-training-iep-education/>

Notes:

Domestic Violence Services

National Help Line: 1-800-799-SAFE

May Day, Inc. 24 Hour Crisis Line: 523-4134
Business: 523-9472 Toll-Free: 1-888-213-4134

1834 Main St. Baker City, OR 97814

Domestic violence and sexual assault services: crisis intervention, safe shelter, peer counseling, education, and support, children's program, teen parent program, mental health referrals, help filling out restraining orders.

Shelter From the Storm 24 Hour Crisis Line: 963-9261
Business: 963-7226

1111 Fifth St., La Grande, OR 97850

Domestic violence and sexual assault services: hotline, safe shelter, help filling out restraining orders, support groups, respite child care for clients, individual counseling, Children's Program, Women's Group, volunteer opportunities.

Notes:

-For our mothers that do not get child support, it is because many times they fear their ex-husband/boyfriend. If this is the case make sure and refer them to the shelter so that they get the confidence to seek the child support that is the father's responsibility to pay. The local District Attorney should be contacted when the mother is ready so the case can proceed: 523-6414 Baker County, 963-7532 Union County.

Education

Eastern Oregon Head Start

962-3622

One University Blvd., La Grande, OR

A no cost comprehensive preschool education for 3 and 4 year olds in Union and Baker Counties.

InterMountain Education Service District 800-522-8396

2001 SW Nye Avenue, Pendleton, OR 97801

La Grande Office

1100 K Avenue, La Grande, OR 97850

Provides programs for children with special needs, technology support, administrative services, and school improvement services.

Early Intervention Services (IMESD) 1-800-927-5847

Screening and Assessment, Special Education for children birth to 5 years of age, Regional Services including special education, evaluation, consultation, and instructional services for students 0-21, with vision, hearing, and severe orthopedic impairments. Consultation for autistic, chronic/severe health impairment, and communication needs.

Grande Ronde Child Center

963-8666

Notes:

The YMCA has lots going on, including their own preschool, and an after school program for K-6th graders. Kids can take the bus from their school, then parents can pick them up at 5:30pm. \$5 for members, \$7.50 for nonmembers. 541-523-9622

Emergency Services

Emergency? Call 9-1-1

Poison Control Center 1-800-222-1222

National number connects to local/regional number.

American Red Cross, Eastern Oregon Chapter

Baker County 24 Hour Access: 523-2231

2020 Church Street (P.O. Box 1024), Baker City, OR 97814

Union County 24 Hour Access: 962-0952

1806 Cove Avenue, La Grande, OR 97850

24-hour emergency services, service to military families, disaster relief, first aid, CPR Classes.

Notes:

Employment

Certified Personnel Agency **963-6678**
10201 North McAlister Rd., Island City, OR 97850
No registration fee. Temporary and permanent job placement.

Work Source Oregon (Oregon Employment Department)
<http://www.worksourceoregon.org/>

Baker Office **523-6331**
1575 Dewey St., Baker City, OR 97814

La Grande Office **963-7111**
1901 Adams Ave., La Grande, OR 97850
Job listings, referral, and employment assistance, federal job information, civil service announcements and testing, resume writing services, veteran's programs.

Training & Employment Consortium **tecteam.org**
Job training for unemployed adults and youth, assessment of skills and interests, classroom and on-the-job training, upgrading of basic skills, summer youth work program.

Baker Office **523-6331**
1575 Dewey St., Baker City, OR 97814

La Grande Office **963-7942**
1901 Adams Ave., La Grande, OR 97850

Free Job Websites: indeed.com
craigslist.org
<http://www.emp.state.or.us/jobs/>

Notes:

-For parents wanting more skills, but have no money, www.eou.edu/career offers web tutorials on Office Programs.

Financial Assistance

CHD Veterans Services**962-8802**

2301 Cove Ave., La Grande, OR 97850

Counseling and advice to veterans, their dependents, and/or survivors, help in obtaining maximum benefits provided by federal, state and local regulations.

Community Connections**963-3186****see brochure**

2802 Adams Ave. La Grande OR 97850

Information for renters, homebuyers, homeowners. Provides budgeting and credit counseling services

National Foundation for Credit Counseling**1-800-388-2227**English <http://www.nfcc.org/> **1-800-682-9832** Spanish

This service offers many financial forms and resources including free debt counseling

DHS Self-Sufficiency Services

Resources and services to meet basic needs and promote independence and self-sufficiency to families. Services include: money for needy families with children, food stamps, help with medical and child care costs.

Baker County**523-3648**3165 10th St., Baker City, OR 97814**Union County****963-4113**

1607 Gekeler Lane, La Grande, OR 97850

IRS Federal Tax Information**1-800-829-1040****www.irs.gov/****Supplemental Security Income (SSI)** **1-800-772-1213****www.socialsecurity.gov**

2205 Cove Ave., La Grande, OR 97850

Benefits for children with physical or mental disabilities. Qualification dependent on family income.

oregonhelps.org

A website that will help anyone find out what benefits they qualify for in about five minutes.

Notes:

Food and Clothing

WIC

Women, Infants and Children supplementary foods and nutrition programs

Baker County Health Department - WIC **523-8212**
3330 Pochontas Rd, Baker City, OR 97814

Center for Human Development – WIC **962-8801**
2301 Cove Ave., La Grande, OR 97850

Community Connection of Northeast Oregon
Baker County **523-6591**
2810 Cedar St., Baker City, OR 97814

Union County **962-8829** **Spanish 963-2877 ext.# 2 Roy Gomez**
1504 Albany St. La Grande, OR 97850
Meals-on-Wheels and meal site
1504 Albany, La Grande, Oregon 97850

Nazarene Church Compassion Center **523-9845**
1250 Hughes Ln., Baker City, OR 97814

Department of Human Services
Self-Sufficiency Services

Baker County **523-3648**
3165 10th St., Baker City, OR 97814

Union County **963-4113**
1607 Gekeler Lane, La Grande, OR 97850

Resources and services to meet basic needs and promote independence and self-sufficiency to families. Services include: money for needy families with children, food stamps, help with medical and child care costs.

Notes:

Clothing

Dorcus Community Services Baker **523-4913**

17th and Pocahontas, Baker City, OR 97814

Clothing and bedding Tuesday 1:30 - 4:00 P.M.

Elgin **437-5454**

15th and Division, Elgin, OR 97827

(Next to the Seventh Day Adventist Church)

Free clothing and shoes. Bedding for emergency fire victims when available. Headquarters for area disaster assistance. Clothing Tuesdays: 9:00- 12:00

Island City (La Grande)

10103 Fruitdale Ln., Island City, OR 97850

Free clothing. Tuesdays: 9:00-1:00 & Th. 5:00 -7:00

Fresh Start Second Hand Store **523-7915**

Blue Mountain Four Square Gospel Church 2120 Broadway, Baker City, OR 97814

Marlas's Mall **523-6336**

2725 Seventh St., Baker City, OR 98714

People Helping People **910-8363**

2633 Bearco Lp, La Grande, Mon. – Sat 9- 4:00p.m.

Salvation Army Thrift Store **523-5853**

2505 Broadway Ave., Baker City, OR 97814

Clothing, household, information/referral, Christmas baskets. Family Services Assistance
Emergency food assistance. Project Share- Limited to Idaho Power Customers.

Notes:

Food Banks

Baker City Food Bank

St. Francis Catholic Church

523-4521

2235 First St., Baker City, OR 97814
Call for day and time that the food bank is opened

Bread of Life Baker County

3453 H Street
Open the 2nd and last Tuesday of the month

Elgin Food Bank **437-8021**

La Grande Food Bank

Neighbor to Neighbor Ministries **963-9126**

Valley Fellowship Church, 507 Palmer St.
Call for the day and time that the Food Bank is opened

Salvation Army **963-4829**
FOOD BANK.

1114 Y Ave., La Grande, OR 97850
Call for day and time that the food Bank is opened

Union-Cove Community Food Bank **562-5848**

Call Mondays 1 to 4, Tuesdays and Wednesdays; leave a message.

Notes:

Housing and Utilities

Community Connection of Northeast Oregon

Service for seniors, low-income and handicapped individuals including **Low Income Energy Assistance Plan (LIEAP), Weatherization Program**, Project Share energy assistance, Emergency Shelter Grant for evicted tenants, Tenant-Based Assistance (TBA) temporary rent subsidy, Federal Emergency Management Assistance (FEMA), Motel Assistance emergency displacement vouchers as funds are available. Call for information.

Baker Office **523-6591**

2810 Cedar S., Baker City, OR 97814

La Grande Office **963-7532**

1504 Albany St., La Grande, Oregon 97850

*See brochure for all of the financial planning services they also provide.

Neighbor to Neighbor Ministries **963-9126**

Valley Fellowship Church, 507 Palmer St., La Grande, OR 97850

Northeast Oregon Housing Authority **963-5360**

2608 May Lane (P.O. Box 3357), La Grande, OR 97850

Rental assistance to low-income families, elderly, and disabled. Financed by HUD (Housing and Urban Development).

Oregon Telephone Assistance Plan **1-800-848-4442**

<http://www.puc.state.or.us/Pages/rspf/otap.aspx>

Subsidy for initial phone hook up fee; OTAP)

Reduced phone rate for low-income families.

Rural Development FMHA Home Loans

In Pendleton

1-541-278-8049 ext.4

Low-income family loans.

Notes:

-Northeast Oregon Housing Authority is for a family that wants to get into Section 8 Housing or one of the limited apartments in Baker and Union Counties managed by this section of the Housing Authority. This is a program that pays the landlord a portion or all of the tenants rent based on need, and the application process can take up to two years.

There are a number of other private companies (apartment complexes) that offer other options, including Housing and Urban Development Programs (HUD). Most apartment complexes in our area offer some form of this program and one should inquire at as many as possible. Each complex has its own application process and the fee for the application varies from free to around \$25. The application needs to be updated every 3 months at each location that it is filed. The turnaround to get into one of these apartments can be as little as one month.

-If a family is in an emergency housing situation they should contact Community Connection or Neighbor to Neighbor (very limited funds).

-Both the LG and Baker School Districts employ homeless liaisons. If a family is homeless, and of district school age, is having any trouble enrolling or maintaining enrollment call the local district office.

Housing Notes Continued:

RENTERS RIGHTS:

<http://www.osbar.org/public/legalinfo/tenant.html>

<http://oregonlawhelp.org/>

One can also contact Di-Lynn at Norh East Housing Authority: 963-5360. She sent me some informative books covering this information.

Legal Assistance

<http://oregonlawhelp.org/>

CASA - Court Appointed Special Advocates for Children.

Baker County CASA **523-5437**
1995 3rd St., Baker City, OR 97814

Union County CASA, Inc. **963-2993**
P.O. Box 3053, La Grande, OR 97850

Catholic Charities **503-669-8350**
Latino Services including immigration law assistance

Child Support Enforcement
Baker County **523-6414**

District Attorney
1995 Third St., Baker City, OR 97814

Union County **963-1028**
District Attorney

1100 L Ave., La Grande, OR 97850

Consumer Complaints **503-378-4320**
State Attorney General's Office

Juvenile Justice Specialist **1-800-638-8736**
Information available by phone or fax.

oregonlawhelp.org
Free Legal Information for Low-Income Oregonians

Oregon Legal Aid 1-800-843-1115 <http://oregonlawhelp.org/>
A non-profit organization that provides representation on civil cases to low-income clients throughout Oregon

Modest Means **1-800-452-7636**
A non-profit organization that provides representation on civil cases to low-income clients throughout Oregon

Tel-Law Tapes of Legal Topics **1-800-452-4776**

The local court house provides some great information, especially if it is related to custody. Union County 541-962-9500 Gail ext. 2228 and Baker County 523-6303.

Victim's Assistance

Baker District Attorney's Office **523-8344**

1995 Third St. Baker city, OR 97814

Talk to Marilyn for assistance for victims of crime.

Union County District Attorney's Office **963-1007**

1100 L Ave. La Grande, OR 97850

Notes:

Unfair Work Issues:

Valuable info for helping one if they are dealing with unfair or illegal work issues.

the phone # for the intake officer for complaints is [971-673-0764](tel:971-673-0764). If they need to file a complaint, they go to oregon.gov/boli and then click on the type of complaint they need to file. If it is a civil rights complaint, they need to call [541-686-7623](tel:541-686-7623).

Libraries

Baker County Library

523-6419

2400 Resort St.
Baker City, OR 97814

Elgin Community Library 437-2860
260 North 10th St. Elgin, OR 97827

Cook Memorial Library 962-1339
2006 4th St., La Grande, OR 97850

Cove Community Library 568-5001
606 Main St., Cove OR 97824

North Powder City Library 898-2175
250 'E' St., North Powder, OR 97867

Pierce Library 962-3864
Eastern Oregon University 962-3579
One University Blvd.
La Grande, OR 97850

Union Public Library 562-5811
182 North Main
Union, OR 97883

Notes:

Literacy Services /Adult Ed

Adult and Family Literacy Center 962-1339

Cook Memorial Library
2006 4th St., La Grande, OR 97850
Reading, Tutoring and Basic Skills.

Access the **Learning Express Library** online study tool through the Cook Memorial Webpage
Free study materials for the GED and many other tests: <http://www.cooklib.org/>

Blue Mountain Community College <https://www.bluecc.edu/> and
<https://www.bluecc.edu/started2>
Pendleton Campus **541-278-5969**

Get your GED with the help of Eastern Oregon University: Cathy Trochlell 541-962-3076
ctrochlell@eou.edu

Baker Office **523-9127**
3275 Baker St., Baker City, OR 97814
Distance Education classes available
ABE/GED and ESL

Career Enhancement Center **963-9213**
1901 Adams Ave, La Grande, Oregon 97850
Courses in typing, word processing, database, spreadsheets, bookkeeping, and basic
academic skills. GED prep & testing. Adult basic education; alternative learning center for
school districts.

Eastern Oregon University Distance Education <http://www.eou.edu/online/>

Baker Office **523-6822**
3000 Broadway, Baker City, OR 97850

La Grande Office **962-3378**
One University Blvd., La Grande, OR 97850

Eastern Oregon University **962-3519** <http://www.eou.edu/>
One University Blvd., La Grande, OR 97850

OSU Extension Service
Baker County **523-6418**
2610 Grove St., Baker City, OR 97814

Union County **963-1010**
10507 N. McAlister Rd., Island City, OR 97850
Free and low cost workshops. Newsletter, home economics information, family and community
services, 4-H.

Training & Employment Consortium (TEC) <http://www.trainingemployment.org/>

Baker Office **523-9127**
1575 Dewey St., Baker City, OR 97814

La Grande Office **963-7942**
1901 Adams Ave. La Grande, OR 97850
Adult Basic Education, GED, distance learning and continuing education, English as a Second
Language, Oregon Food Handler's Classes.

Union Public Library **562-5811**

182 North Main St., Union, OR 97883
Reading and Basic Skills.

Vocational Rehabilitation Services

Evaluation and eligibility determination, counseling and guidance, job training, post high school training, transportation, and physical and mental rehabilitation

Baker Office **523-1800**

3165 10th Street., Baker City, OR 97814 (DHS Building)

La Grande Office **963-4113**

1607 Gekeler Ln, La Grande, OR 97850 (DHS Building)

Notes:

Scholarship Information:

Head Start

Teresa Gustafson

[541 975-3945](tel:5419753945)

tgustafson@oregonwireless.net

PEO gives college scholarships to women only and they have several different categories.

Mental Health

Center for Human Development
2301 Cove Ave.

962-8800

La Grande, OR 97850

Full range of Mental Health services for children and adults.

Grande Ronde Child Center, Inc.

963-8666

902 D Ave., La Grande, OR 97850

Mental Health services for children and families of Union county and the Eastern Oregon region.

Mountain Valley Mental Health Programs

523-3646

2200 Fourth St.

Crisis: 523-5903

Baker City, OR 97814

Full range of Mental Health services for children and adults. Medicaid billing, sliding scale available.

National Foundation for Depressive Illness

1-800-248-4344

Depression symptom phone survey, information and local referrals.

New Day Enterprises, Inc.

963-2348

2107 N. Depot St., La Grande, OR 97850

Community mental health facility for disabled adults.

Shelter From the Storm

Business: 963-7226

1111 Fifth Street

Crisis Line (24 Hour): 963-9261

La Grande, OR 97850

Domestic violence/sexual assault services: support groups, individual counseling.

2695 Church St.

Baker City, OR 97814

Services for developmentally disabled and physically disabled adults

U.S. Department of Health and Human Service

1-800-662-HELP (4357)

Substance Abuse and Mental Health referral routing service for information and referral to treatment resources in your area.

Notes:

Parenting and Family Support

"Calling On Moms and Dads"

523-9520

3330 Pocahontas Rd., Baker City, OR 97814

Support for new mothers, hospital visit after birth of a child, in-home visitation by trained

volunteer, OSU Newsletter "Parenting the First Year", Parenting Classes.

Head Start: **541-962-3622**

Talk with Robert about the most current parenting classes available.

Center for Human Development **962-8800**

2301 Cove Ave., La Grande, OR 97850

Full range of Mental Health services for children and adults. Temperament Program.
Medicaid billing, sliding scale available.

County Resource Team **963-7942**

Bringing together at-risk youth, family &
community partners to create a plan for success

Girl's and Boy's Town **1-800-448-3000**

(24-Hour Crisis Hotline for Anyone)

For kids and parents: problem solving, parenting
Issues, teens- how to talk to parents

Healthy Start: Help for first time mothers and fathers

Baker County Health Department **523-8211**

3330 Pocahontas Road, Baker City, OR 97814 Union

Healthy Start Union County **805-2526**

2107 3rd St., La Grande, OR 97850

Helping Children Cope with Divorce **962-9500 ext. 2228**

Family Law Coordinator. Free educational program to aid families experiencing divorce.

Missing Children's Clearinghouse **1-800-282-7155**

24 Hour Hotline

Mt. Emily Safe Center **963-0602**

2107 3rd St. La Grande, OR 97850

Parent education/ support workshops, trainings,
& classes – call for current schedule

National Runaway Switchboard **1-800-231-6946**

24 Hour Hotline, Referrals, Home-Free Greyhound Program

Notes:

Substance Use

**Alanon and Alanteen
Baker (New Directions)**

523-7400

La Grande

652-5772 or 568-4856

Support group for families and friends of alcoholics.

12 Step program.

Alcoholics Anonymous

Baker (New Directions)

523-7400

La Grande

786-3244 or 786-3254

Support group for alcoholics. 12 Step program.

Alcohol and Drug Help Line

Center for Human Development

962-8800

Alcohol and Drug Program

2301 Cove Ave. , La Grande, OR 97850

Comprehensive alcohol/drug program that includes prevention, education, and treatment; substance abuse, crisis intervention, assessment/evaluation, counseling, family consultation, case coordination, recreation alternatives, teen services.

New Directions Northwest, Inc.

Administrative Office

523-7400

1719 Main St., Baker City, OR 97814

Alcohol and drug counseling and rehabilitation.

Baker House

523-6581

2330 Fifth St., Baker City, OR 97814

Adult detox and residential treatment facility.

Emergency Detox

523-6581

Blue Mountain Addictions

523-1078

Outpatient Program

2220 Fourth St., Baker City, OR 97814

Group DUII classed, domestic violence treatment.

Elkhorn Adolescent Treatment Center

523-8320

3700 Midway, Baker City, OR 978154

Residential and outpatient treatment - youth 14-18 years of age.

Women and Children's Programs

523-4049

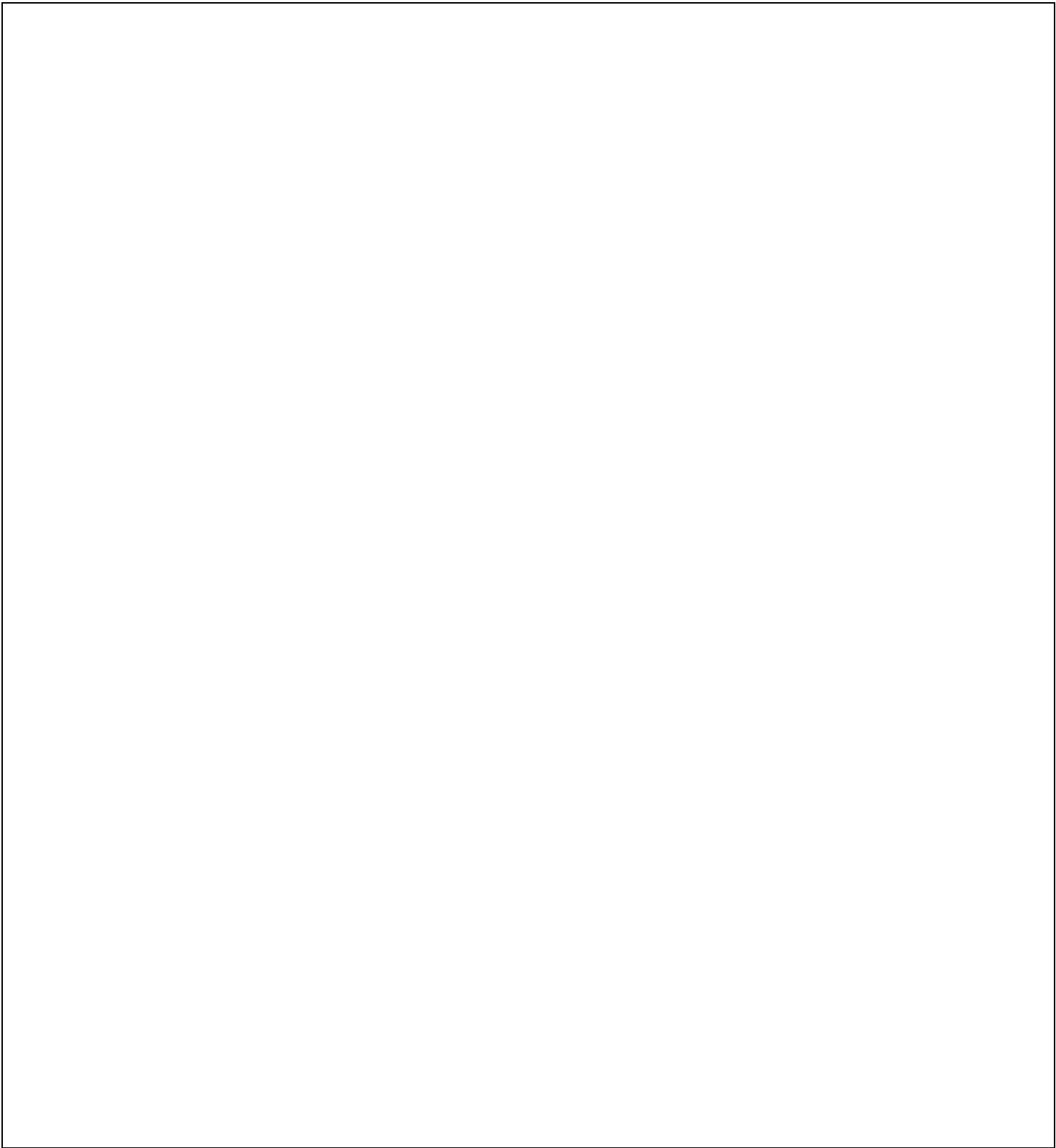
Residential treatment for women with young children.

U.S. Department of Human Service

1-800-662-HELP (4357)

Substance Abuse and Mental Health referral routing service or information and referral to treatment resources in your area.

Notes:



Transition/District Schools

Baker School District 5J
2090 Fourth St., Baker City, OR 97814
Baker High School

523-5814

523-6336

Baker Middle School	523-6301
Brooklyn School	523-6488
Haines Elementary	856-3611
Keating Elementary	523-2377
North Baker City School	523-4461
South Baker City School	523-6372

Cove School District **568-4424**
803 Main St., Cove, OR 97824

Elgin School District 23
111 Division St., Elgin, OR 97827

Superintendents Office	437-1211
High School	437-2021
Stella Mayfield Elementary	437-2321

Imbler School District
P.O. Box 164, Imbler, OR 97841

High School	534-5331
Elementary School	534-2311

La Grande School District 1 **663-3200**
708 K Ave. #100, La Grande, OR 97850

Central Elementary School	663-3500
Greenwood Elementary School	663-3580
Island City Elementary School	663-3270
La Grande High School	663-3300
La Grande Middle School	663-3420

North Powder School District 8J **541-898-2244**
333 G St., North Powder, OR 97867

Union School District 5
540 South Main, Union, OR 97883

Superintendent	562-6115
High School	562-5166
J F Hutchinson Elementary	562-5353
S. E. Miller Elementary	562-5278

Notes:

-Elgin has a preschool in their elementary school.
-Haines has reopened their public preschool.

Transportation

Community Connection of Northeast Oregon
Baker Office **523-6591** Spanish 963 2877 ext. #2 Roy Gomez

2810 Cedar, Baker City, OR 97814
Service in Baker City & between Baker City and La Grande

La Grande Office **963-2877**
1504 Albany, La Grande, OR 97850

Cascade East Ride Center **1-866-385-8680**
Providing transportation for families on OHP Plus for medical
and dental services.

Neighbor-to-Neighbor Ministries **963-9126**
P.O. Box 1135
La Grande, OR 97850
Sponsored by La Grande Churches and United Way, provides volunteer services to those in
need, including transportation when volunteers are available.

Notes:

Cascade East is now only able to provide ride service to families that have no transportation. When a family calls the agency will ask if they have a dependable means of transportation, if so if they have a license, insurance etc. if the answer is yes then they are referred to DHS for a gas voucher. If the answer is no, then Cascade East can still provide transportation. Families need to call early about rides, especially if the gas voucher is needed from DHS so that there is time to facilitate the process.

Baker Cab Company: 519 0343.
Bus Barn in Baker: 523 5443 (Public School Bus in Baker).

Notes:

Notes:

