

Blue Mountain Early Learning Hub Newsletter



MORROW UMATILLA UNION COUNTIES
Blue Mountain
Early Learning HUB
March 9, 2017

Early Childhood Partnership Team Meetings (ECPT)

Umatilla County-Thursday, April 6 from 9-11 at InterMountain ESD.

Union County- Wednesday, April 12 from 1-3 at Cook Memorial Public Library in La Grande. [Union County ECPT Facebook Page](#).

Morrow County-Thursday, April 13 from 12-2 at the Port of Morrow Well Springs Room.

Conscious Discipline Training County Updates



The Blue Mountain Early Learning Hub has coordinated Conscious

Discipline trainings across the Hub region in La Grande, Boardman, and Pendleton. We have had a lot of interest and high numbers of participants at each of these trainings. In La Grande we had over 50 teachers and providers participate. We had 25 participants in Boardman and 200 people have signed up to attend the training in Pendleton on March 10th. The Hub is currently looking for a date to coordinate one more Conscious Discipline training to take place this school year or during early summer. If you are interested in learning more about the Conscious Discipline program visit <https://consciousdiscipline.com/>.



Vroom

The Blue Mountain Early Learning Hub would like to share Vroom with all of our partners in early learning. Please visit the

Vroom website to access free copies of parent tip cards, posters, an inspirational video, and many other free materials. These materials focus on the brain development of 0-5 year olds. The activities described on the cards and in the free app. allow parents to participate in their child's early brain development. Check out the website and see how you can be a brain builder.

<http://www.joinvroom.org/>

Wellness Hub



Spotlight on Regional Activities Wellness Hubs

MISSION: Integrating health and education to empower students and families to be healthy and ready to learn.

GOALS:

- Increased collaboration between community agencies and schools
- Decrease in unmet healthcare needs of students
- Promotion of healthy lifestyle choices through comprehensive health education
 - Increased school attendance, increased 3rd Grade Reading rate, increased high school graduation rate

WHY:

If students are healthy and receiving healthcare, they are more likely to be in school learning and performing better academically.

WHAT:

Care may include: well care visits, immunizations, diagnosis and treatment of illness and injury, infections, sports physicals and integrating dental, vision and mental healthcare and health education.

WHO:

Wellness Hubs are formed through partnerships between school districts and existing agencies already working in communities such as the InterMountain ESD, public health, mental health providers, and safety resources.

WHERE:

Wellness Hubs are now in place in Umatilla, Morrow, and Union Counties.

For more information on Wellness Hubs, visit <http://www.imesd.k12.or.us/wellnes-hubs>.